

COST-EFFECTIVE SERVICE EXCELLENCE: EXPLORING THE RELATIONSHIPS AMONG RESTAURANTS' OPERATIONAL EFFICIENCY, SIZE AND SERVICE QUALITY

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Abstract

The main goal of this study is to investigate whether higher (cost-effective) operational efficiency in restaurants can be achieved without lowering the perceived level of service quality. This study also investigates the importance of restaurants' size on operational efficiency and on the perceived level of service quality. We present the methodological procedures used to investigate the relationships among restaurants' operational efficiency, size, and service quality after presenting the conceptualization of the cost-effective service excellence (CESE) research construct. The restaurants' efficiency was assessed using Data Envelopment Analyses and the DINESERV tool was implemented to analyse guests' perceptions of service quality. Guests of low- and high-efficient restaurants perceive service quality based on the same quality dimensions. Based on the structural equation modelling, it is evident that CESE can be achieved in the restaurant industry. The restaurant size has proven to influence restaurants' operational efficiency and guests' quality perceptions.

Key Words: operational efficiency, service quality, restaurants, SMEs.

JEL Classification: L15, L25, L83.

INTRODUCTION

The restaurant industry market is one of the fastest-growing markets in the world. This market is globally projected to reach a compound annual growth rate (CAGR) of 4.5% by the year 2023 (MarketResearch 2019; Wttc 2019b). The current size of the international restaurant market is estimated at 3 trillion US Dollars (Statista 2019). The performance of the restaurant sector in Europe is forecasted to develop with annual CAGR of 3.8% and a gross sales value of 620.3 billion US dollars by the end of 2019 (MarketResearch 2019). According to the Association of Hotels, Restaurants and Cafes and similar establishments (HOTREC) in Europe, more than 1.5 million restaurants and coffee houses are located in Europe, of which nine out of ten are micro-enterprises employing less than ten employees. Micro, small and medium-sized enterprises

(SMEs) in the hospitality industry alone represent 4.7% of the total employment in the European Union (Hotrec 2019). The restaurant industry in Slovenia is

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an important economic sector. Together with tourism, the restaurant industry contributes almost 12% to the gross domestic product (GDP) and employs almost 13% of the working population in the country (Ajpes 2019; Wttc 2019a).

The global restaurant industry market is driven by quick changes in customers' preferences and their ongoing sense of exploration of new offers. Restaurant managers must be constantly innovating and offering high-quality services to satisfy their guests' quality expectations and gain a competitive advantage (Liu and Tse 2018). Moreover, guests are becoming more demanding in terms of healthy food (e.g., low-fat, gluten-free, organic and locally produced food, etc.) and try to get the best value for their money (Lai et al. 2018).

Restaurant managers must, therefore, constantly analyse guests' quality expectations and perceptions in order to deliver the expected quality offerings. Guests will be satisfied if the level of services provided will fulfil or exceed their quality expectations (Parasuraman, Zeithaml, and Berry 1988). Various tools for evaluating service quality have been developed in the scientific literature. Parasuraman, Zeithaml, and Berry introduced the very first conceptual model of service quality (also referred to as the gap model) in 1988 and developed the SERVQUAL instrument, a tool for measuring customers' quality perceptions and expectations. Later, several modifications of the generic SERVQUAL instrument were developed to better suit the specifics of the hospitality industry, such as DINESERV for restaurants (Stevens, Knutson, and Patton 1995), TANGSERV for measuring tangible quality (Raajpoot 2002), LODGSERV for measuring quality in the lodging sector (Knutson et al. 1990), etc. Scholars have also proposed alternative models for restaurant quality measurement, such as a marketing-oriented (7P) quality model (Kukanja, Gomezelj Omerzel, and Kodrič 2017) and a quality model combining the importance-performance analysis (IPA) and the quality function deployment (QFD) method (Cheng, Tsai, and Lin 2015). According to Liu and Tse (2018), although alternative models have been proposed, DINESERV remains the most popular and frequently used diagnostic tool for service quality evaluation in the restaurant industry. Additionally, besides the possibility of using the presented (quantitative) measurement techniques, restaurant managers can also monitor the level of guests' quality perceptions by using simple (qualitative) approaches, such as observations, direct communication with guests, by following guests' reviews and comments, etc.

Delivering high-quality services is important, as that influences guests' satisfaction and loyalty

(Kukanja, Gomezelj Omerzel, and Kodrič 2017) and has a significant, direct impact on restaurants' operational profitability (Kim, Li, and Brymer 2016; Mun and Jang 2018). Therefore, aside from providing high-quality services, managers must also ensure that all business operations are performed cost-efficiently and that the expected level of profitability is achieved. As neither too-high nor too-low quality will bring the best economic results, managers must constantly optimize their production processes to deliver the expected level of quality at optimal (low) production costs. Wirtz and Zeithaml (2017) referred to this practice as cost-effective service excellence (CESE). According to those authors, CESE should be the strategic orientation of all service businesses that want to prosper in the highly competitive business environment.

Managers can not only monitor service quality relatively easily in today' business environment by combining different (qualitative and quantitative) techniques, but they can also audit their restaurants' operational profitability (sales revenues) by using a point of sales system (POS). However, controlling a restaurant's overall efficiency performance is much more complex. Managers have traditionally used simple ratio analysis techniques for efficiency analysis. Although useful for specific intrafirm analysis, different ratio indicators (e.g., food cost percentage, inventory turnover, average revenue per seat, etc.) are limited by the possibility of analysing several operational variables simultaneously. Holistic econometric techniques have been developed for this purpose. One of the most commonly used techniques for restaurant industry analyses is the Data Envelopment Analyses (DEA) (Fang and Hsu 2014). DEA proved to be a reliable tool for efficiency and benchmarking analyses in the restaurant sector (Mhlanga 2018). DEA's major disadvantage is that it is not useful for simple daily analyses (Reynolds and Biel 2007). Therefore, if managers can relatively easily combine different techniques to monitor their restaurants' quality and financial performance, operational efficiency analysis using DEA most often demands an academic evaluation.

Previous research has confirmed the positive statistical correlation between service quality and operational profitability in several studies (Demydyuk et al. 2015; Kim, Li, and Brymer 2016; Mun and Jang 2018), as well as the positive statistical correlation between restaurants' operational efficiency and operational profitability (Alberca and Parte 2018; Ben Aissa and Goaid 2016; Mun and Jang 2015). It is evident that high-quality positively influences restaurants' operational profitability; higher operational efficiency also leads to higher operational profitability. Although there is a lack of academic evaluation, we

might assume that, consequently, restaurants that offer higher quality also perform more efficiently. That is, in order to satisfy their guests' high-quality expectations and gain profit, managers must organize their production process in both the most quality-oriented and the most efficient ways. It can thus be suggested that successful restaurant managers have adjusted their operational performance to satisfy their guests' quality expectations in the most efficient way. Based on this assumption, we formulated our first research question (RQ1): Are more efficient restaurants also delivering higher service quality?

We also tested if guests' quality perceptions are influenced by the size of the SME restaurants (measured as the number of chairs and square meters). No previous study has analysed the importance of restaurant size for guests' overall quality assessment, to our knowledge. The vast majority of restaurants are classified as SMEs (Ajpes 2019), and no official database exists regarding restaurants' physical characteristics, so we wanted to investigate if a correlation exists between restaurant size and guests' quality perceptions. Accordingly, we formulated our second research question (RQ2): Does restaurant size have a statistically significant influence on guests' service-quality perceptions?

Answering RQ1 and RQ2 demands a mixed methodological approach (Arora 2012). After the literature review, we analysed restaurant firms' financial reports (secondary data analysis) to access restaurants' operational efficiency using DEA. Next, we performed field research to gather data about guests' service quality perceptions (DINESERV) and restaurant size (primary data collection). Finally, we performed exploratory factor analyses (EFA) and confirmatory factor analyses (CFA) for high- and low-efficient groups of restaurants. We used structural equation modelling (SEM) to investigate the relationships between different groups of variables: guests' quality perceptions, restaurant size, and operational efficiency.

1 LITERATURE REVIEW

1.1 Service Quality Measurement

According to the service quality model developed by Parasuraman, Zeithaml, and Berry (1985, 1988), five gaps – knowledge, standards, delivery, communication, and service – are essential for delivering service quality. Those authors (Parasuraman, Zeithaml, and Berry) also developed the SERVQUAL instrument that measures the fifth gap between guests' quality expectations and perceptions. A provider must meet or exceed their guests' quality expectations (the positive

gap) to deliver quality services. Although service quality is a highly subjective phenomenon, the SERVQUAL instrument comprises 31 quality items that capture the essential characteristics of service quality. These 31 quality items are logically merged into five quality dimensions – Reliability, Assurance, Tangibles, Empathy, and Responsiveness. Tangibles measure the quality of the tangible, physical environment (also referred to as the servicescape), while the other four dimensions indicate different quality aspects of the service staff (the functional aspect of service quality).

SERVQUAL was developed as a generic instrument for different service industries. Therefore, several theoretical attempts have been made to adapt it to the specifics of the hospitality industry. For example, Stevens, Knutson, and Patton (1995) developed a modified version of the SERVQUAL instrument, named DINESERV, to measure service quality in restaurants; Raajpot (2002) introduced the TANGSERV scale for measuring tangible quality in the foodservice industry; Lin, Chan, and Tsai (2009) introduced SERVIMPERF, which combines the quality gap and the importance-performance analysis; and Eid and Abdelkaber (2017) developed MSQ, a modified SERVQUAL instrument for measuring Muslim service quality perceptions. Scholars have also proposed alternative quality models. For example, Chin and Tsai (2013) developed a new quality model for luxurious restaurants in international hotel chains; Chen, Cheng, and Hsu (2015) introduced the GRSERV scale, a tool for measuring consumer perceptions of service quality in green restaurants; Saeida et al. (2015) proposed a fuzzy approach to service quality diagnosis; while Kukanja, Gomezelj Omerzel, and Kodrič (2017) developed a marketing-oriented model for restaurant quality evaluation.

According to Ali et al. (2017) and Lee and Cheng (2018), none of the proposed alternative models has yet been subjected to sufficient academic evaluation. Moreover, all new models are based on the concept of service quality gaps, as first suggested by Parasuraman, Zeithaml, and Berry (1988). Therefore, Liu and Tse (2018) have stated that the generic SERVQUAL instrument (with all its modifications) remains the predominant diagnostic tool for service quality evaluation in the hospitality sector.

1.2 The DINESERV tool

The DINESERV tool includes 29 quality items that are captured into five quality dimensions of the generic SERVQUAL instrument. Since its introduction in the mid-nineties, DINESERV has been used in several restaurant industry studies.

Knutson, Stevens, and Patton (1996) reported in one of their first empirical studies that Reliability was the most important restaurant quality dimension. Johns and Tyas (1996) later used a modified version of the DINESERV instrument to measure a contracted catering service's quality performance. The authors did not confirm Knutson, Stevens, and Patton's (1996) result, as other factors related to food and staff were found to be more important.

According to Sweeney, Armstrong, and Johnson (2016), interest in service quality management has increased in the last 20 years (since 2000). Several authors have analysed restaurant service quality using DINESERV. Fu and Parks (2001) used DINESERV to investigate restaurant loyalty among elderly customers. The authors found that individual attention and friendly service were the most significant quality factors for this specific segment of guests. Similarly, Kim, McCahon, and Miller (2003) used DINESERV to validate service quality in Korean casual-dining restaurants. The authors reported that Tangibles and Responsiveness significantly influenced Korean diners' quality perceptions. Marković, Raspor, and Šegarić (2010) also used a modified version of DINESERV to analyse service quality in Croatian restaurants. The authors found that guests mainly assessed service quality based on the physical environment's quality, the service outcome, and the process of service delivery. Cao and Kim (2015) also reported differences in quality perceptions when they utilized a modified version of DINESERV to analyse service quality in differently structured fast-food restaurants belonging to the same fast-food chain. The authors found that guests' perceptions of service quality varied significantly according to the implemented management form (franchising or licensing). Kuo, Chen, and Cheng's (2018) study probably offers the most distinctive proof that differences also exist between the first-time buyers and customers revisiting the same restaurant units. Djekic et al. (2016) adopted a broader perspective when they confirmed that guests' perceptions of restaurant service quality also vary among different European cities.

Together, these studies indicate that service quality cannot be generalised, as different guest segments may have completely different expectations from different restaurant providers in different geographic areas, such as food safety (Grunert 2005), food quality (Kim, Ng, and Kim 2009), cleanliness (Chin and Tsai 2013), organic food offering (Poulston and Yiu 2011), etc. The presented findings may help us to understand the complexity of restaurant service quality management.

Although some authors (Clemes et al. 2018) have criticized DINESERV for its incapacity to fully embrace the service quality construct and even more adequately measure guests' overall quality experiences, it has proven to be a reliable diagnostic tool, according to Lai et al. (2018), for assessing restaurant service quality. Its major strength lies in that it helps us to understand which critical quality items have contributed to guests' dining experiences (Kuo, Chen, and Cheng 2018).

Although different factors have proved to influence guests' quality perceptions, based on the literature review, we could not determine neither the correlation between operational efficiency and quality assessment nor the importance of restaurant size for guests' service quality assessment.

1.3 Efficiency Measurement Using DEA

The term *efficiency* is most often defined in economics as the maximum output that can be produced with a given set of inputs (Dano 2012). Restaurant firms have traditionally utilized a simple ratio analysis to measure operational efficiency. Ratios enable a quick indication of a firm's performance efficiency. Although several ratios can be calculated, the most often used efficiency ratios for a restaurant's operational efficiency evaluation are asset turnover ratio, day's sales in inventory, inventory turnover ratio, and revenue (sales) per employee (Hayes and Miller 2010). Despite its practicality, this approach is limited because it includes only two (static) operational variables.

Based on the pioneering work of Charnes and Cooper on modern econometric analyses and DEA, operational efficiency is broadly defined as "the effective use of internal resources to achieve operational goals" (Planinc, Kukanja, and Planinc 2018, p. 33). DEA is a nonparametric method that simultaneously combines different operational variables for efficiency evaluation. Operational efficiency is evaluated based on the concept of the production possibility frontier. The production possibility frontier represents the maximum output attainable from each input level included in the research sample (Alberca and Parte 2018). DEA seeks optimization contingent on a unit's performance in relation to the efficiency performance of all decision-making units (DMUs) included in the sample. The optimal DMUs lie on the production efficiency frontier. DMUs that do not lie on the frontier can be considered technically inefficient (Reynolds 2003). The inefficient DMUs can produce the same level of output(s) with less input(s) and/or increase the

level of output(s) without requiring more input(s) to improve their operational efficiency.

According to Emrouznejad and Yang (2018), DEA was subjected to academic evaluation and proved to be a reliable econometric tool. DEA is very popular in service industries studies, as it allows the enclosure of different operational variables into the model. Consequently, several authors have used DEA in restaurant industry studies, such as Alberca and Parte (2018), Mhlanga (2018), Reynolds and Thompson (2007), Fang and Hsu (2014), and many others.

Although the selections of operational variables for performing DEA is preselected, Reynolds and Thompson (2007) recommended the following groups of variables for the restaurant industry evaluation: financial, physical, and combined, which include both financial and physical variables. Regarding outputs, authors (Reynolds and Thompson) recommended the following operational variables: operational profit, operational revenue, retention equity, and restaurant guests' or employees' satisfaction.

2 RESEARCH METHOD

2.1 Research Process and Samples Description

The first sample (A) comprised individually operated restaurant micro, small and medium-sized enterprises (SMEs) whose only source of operational revenues was the restaurant business. Restaurants were selected from the official business register (Ajpes 2019) using the simple random sampling technique in IBM SPSS Statistics – version 24.0. From a total of 3.717 restaurant SMEs listed in the register, 371 restaurants (10%) located throughout the country were selected. The field research was performed by six trained interviewers from April to December 2018. Before including the restaurants into the sample, researchers obtained permission from the managers. Managers approved interviews with guests and confirmed that restaurant SMEs had no other operational incomes besides the restaurant business. Managers were also asked to provide information about their restaurant's seating capacity and actual size. The next restaurant on the list was included in the sample if a manager refused to participate in the study (53 managers refused to participate) or the restaurant did not match the research criteria (117 restaurant SMEs had different sources of operational income).

The second sample (B) comprised 1.113 guests (three guests each per restaurant unit). Guests who had dined at the restaurant were asked to kindly participate in the study. Most often the research took

place at the restaurant lobby or the entrance area. Our focus was solely on the service provided to the guests; therefore, we employed the Dineserv.per model, since it measures only the performance and not a gap between expectations and perceptions.

Researchers helped guests to answer the questionnaire by providing some additional explanations when needed. Some guests refused to participate in the study for a variety of reasons. In this case, the next customer was asked to fill in the questionnaire.

2.2 Operational Efficiency Analysis

Using DEAP software – version 3.2, Data Envelopment Analyses (DEA) were employed for efficiency analysis. Operational financial data, which were obtained from SMEs' official financial reports (the latter are in public domain) were used as variables to perform DEA. As suggested by Barros and Santos (2006), and Planinc, Kukanja, and Planinc (2018), the following groups of variables were included in the model – costs of goods sold, material and services, labour costs, and write-downs (as inputs), and net sales revenues (as output). First, we ensured that all inputs were statistically correlated ($p < 0.01$) to the output (Reynolds and Thompson 2007). Next, as suggested by Alberca and Parte (2018) we employed the input-oriented DEA model. This model calculates the maximum proportional reduction in inputs while holding the level of output(s) constant. The proportional efficiency measures were used to calculate the efficiency scores based on the basic Charnes, Cooper, and Rhodes DEA model (the CCR-DEA model). The efficiency score reflects a decision-making unit's (DMU's) proportional distance from the efficiency frontier. The CCR model also presumes constant returns to scale, meaning, that an increase in inputs results in a proportional increase in output(s) (Alberca and Parte 2018).

Research results indicate an average efficiency score of 83%. This means that, on average, restaurants were 17% away from the efficiency production frontier. Results also reveal that 49 restaurants were fully (100%) efficient, 167 restaurants were below, and 155 restaurants were above the average (83%) efficiency score.

As already mentioned, managers provided the information on their restaurants' size – mean values for the low-efficient group were 218.35m² and 114.13 seats, and 279.86m² and 151.63 seats for the high-efficient group.

2.3 Analysis of Service Quality

The data were analysed with the statistical program SPSS 24.0 software. Descriptive statistical analysis was calculated to analyse guests' demographic characteristics for both groups of restaurants – the low-efficient (DEA<83) and the high-efficient (DEA≥83) ones. The first (low-efficient) group was composed of 167 restaurants and 501 guests, while the second (high-efficient) group was composed of 204 restaurants and 612 guests.

Table 1 shows that, in both cases, the majority of respondents were male, aged between 36 and 45 years of age, who had obtained a college or university degree.

Next, quality perceptions for both groups of restaurants were measured using DINESERV. Guests perceptions were measured on a seven-point Likert-type ordinal scale, ranging from seven (strongly agree) to one (strongly disagree). Arithmetic means for all quality items were calculated. Results reveal that quality was evaluated relatively highly for both groups of restaurants. The mean value for the low-efficient restaurants was 5.65, and 5.83 for the high-efficient restaurants. Table 2 presents guests' quality perceptions.

The study's next section describes two exploratory factor analyses (EFA) that were performed to assess the factor structure of quality perceptions in both restaurant groups.

EFA1 was performed for the low-efficient restaurant group. We could not confirm a normal distribution of the data, so we used the Principal Axis Factoring method to test the suitability of the data for performing EFA, the Kaiser-Meyer-Olkin (KMO=0.887) test for

Sampling Adequacy, and the Bartlett's test of sphericity ($\chi^2=2804.537$). The results of both tests indicated that all 29 variables were suitable for performing EFA. In the next phase, 17 variables with too-low communalities (<0.50) were extracted from EFA, and 12 variables were retained (see Table 3). After a few successful rotations of the model, we decided to retain factors with eigenvalue ≥ 1 and factors containing more than three items. The suitability of the data for enclosure in the rotated (final) model was also confirmed by the values of Bartlett's test ($\chi^2=1879.761$) and KMO measure (0.889). We confirmed the internal consistency of the data with Cronbach's α coefficient ($\alpha=0.77$). Based on the results Table 3 presents, it is clearly evident that 12 quality items merged into three factors groups' best explain guests' quality perceptions.

Next, EFA was performed for the high-efficient restaurant group (EFA 2). After testing the normality distribution of data in SPSS, the same method was used as in EFA1. The values of KMO (0.813) and Bartlett's test ($\chi^2=2784.135$) confirmed that all 29 variables were suitable for EFA. Variables with too low communalities were removed from the model in the process of elimination. Using the same criteria as in EFA1, factors with eigenvalue ≥ 1 and factors containing more than three items were retained in the final model. The suitability of the data was verified by calculating the measures of Bartlett's test ($\chi^2=1774.271$), KMO (0.829), and Cronbach's α (0.78). Interestingly, the very same quality items as in EFA1 best explain guests' quality perceptions in high-efficient restaurants (EFA2). Table 3 presents the rotated factor solutions (EFA1 and EFA2).

Table 1: Demographic Data

Demographic data		Percentage	
		DEA<83	DEA≥83
Gender	Male	50.9	52.9
	Female	49.1	47.1
Level of education	Primary school	1.2	0.8
	Secondary school	42.8	44.8
	College and university	45.9	46.4
	MSc or PhD	10.1	8.0
Age	16-25	19.8	22.9
	26-35	18.3	20.5
	36-45	27.6	24.2
	46-55	21.4	19.9
	56-65	9.3	12.1
	66 and above	3.6	0.4

Source: own

Table 2: Guests' Perceptions of Quality (DINESERV) – Below Average and Above Average Efficient Restaurants

Quality items	DEA<83		DEA≥83	
	Mean	St. Deviation	Mean	St. Deviation
1 – has visually attractive parking areas and building exteriors	6.30	1.02	6.41	1.078
2 – has visually attractive dining area	5.37	0.966	5.76	0.904
3 – has staff members who are clean, neat, and appropriately dressed	5.83	0.760	5.85	0.720
4 – has décor in keeping with its image and price range	5.78	0.783	5.81	0.788
5 – has a menu that is easily readable	5.94	0.695	6.02	0.693
6 – has a visually attractive menu that reflects the restaurant's image	5.54	0.779	5.61	0.751
7 – has a dining area that is comfortable and easy to move around in	5.67	0.889	5.61	0.881
8 – has rest rooms are thoroughly clean	5.64	0.836	5.97	0.949
9 – has dining areas are thoroughly clean	5.49	0.768	5.82	0.788
10 – has comfortable seats in the dining room	5.72	0.992	5.78	0.979
11 – serves you in the time promised	5.51	0.722	5.62	0.854
12 – quickly corrects anything that is wrong	5.49	0.750	5.54	0.806
13 – is dependable and consistent	5.53	0.622	5.69	0.680
14 – provides an accurate guest check	6.03	0.427	6.11	0.556
15 – serves your food exactly as you ordered it	5.39	0.627	5.75	0.675
16 – during busy times has employees shift to help each other maintain speed and quality of service	5.68	1.123	5.83	1.007
17 – provides prompt and quick service	5.15	0.786	5.79	0.825
18 – gives extra effort to handle your special requests	5.37	0.891	5.37	0.829
19 – has employees that can answer your questions completely	5.63	0.859	5.89	0.837
20 – makes you feel comfortable and confident in your dealings with them	5.43	0.712	5.49	0.747
21 – has personnel who are able and willing to give you information about menu items, ingredients and methods of preparation	5.56	0.875	5.93	0.777
22 – makes you feel personally safe	5.61	0.801	6.03	0.756
23 – has personnel who seem well-trained, competent, and experienced	5.86	0.852	5.97	0.759
24 – seems to give employees support so they can do their jobs well	5.89	0.808	5.87	0.761
25 – has employees who are sensitive to your individual needs and wants, rather than always relying on policies and procedures	4.99	1.032	5.85	0.893
26 – makes you feel special	5.89	0.990	5.83	0.980
27 – anticipates your needs and wants	6.51	1.013	6.02	0.950
28 – has employees who are sympathetic and reassuring is something is wrong	5.71	0.790	6.11	0.850
29 – seems to have the customers' best interest at heart	5.31	0.744	5.64	0.840
Overall mean value(s)	5.65		5.83	

Source: own

Table 3: Rotated Factor Solutions – EFA1 and EFA2

Quality items	EFA1 (DEA<83)	EFA2 (DEA≥83)
Tangibles		
7	.715	.659
8	.805	.831
9	.949	.905
10	.779	.689
Total variance %	11.4	9.98
Assurance		
11	.638	.654
12	.863	.799
13	.503	.420
14	.561	.569
15	.596	.531
Total variance %	27.8	23.3
Empathy		
27	.791	.793
28	.839	.789
29	.632	.625
Total variance %	22.26	20.48

Source: own

As the preceding table shows, the percentage of the total explained variances is 61.46% for EFA1 and

53.76% for EFA2. All three-factor groups slightly better explain guests' quality perceptions in low-efficient restaurants.

2.4 Analysis of Correlations among Restaurant Size, Service-quality, and Operational Efficiency

We first performed a correlation analysis between the identified 12 quality items and the two physical variables – PH1 (number of chairs) and PH2 (square meters) to answer RQ2. The results of Spearman's correlation test (p) reveal that statistically significant correlations exist between all pairs of variables. Next, Pearson's correlation coefficient (r) was calculated to test the statistical relationship between the physical variables and the operational efficiency scores. The results reveal a lower level of statistical correlation for the low-efficient restaurant group ($r=0.180$; $\text{sig}=0.004$) and a higher level of statistical correlation for the high-efficient group ($r=0.215$; $\text{sig}=0.003$).

We first performed two confirmatory factor analyses (CFA) using the SPSS software 24.0 and its plug AMOS to test the influence of restaurant size on quality factors formulated in the exploratory analyses (EFA1 and EFA2). CFA1 was performed on the low-efficient restaurant group (EFA1); CFA2 included the

Table 4: Validity, Reliability, and Internal Consistency Indicators

Constructs and variables	CFA1 DEA<83				CFA2 DEA≥83			
	λ	CR	AVE	α	λ	CR	AVE	α
Tangibles								
7	.716	.941	.696	.895	.703	.939	.698	.898
8	.907				.896			
9	.937				.901			
10	.755				.743			
Assurance								
11	.706	.902	.523	.842	.699	.897	.533	.847
12	.788				.704			
13	.835				.803			
14	.643				.674			
15	.631				.635			
Empathy								
27	.844	.874	.576	.771	.863	.886	.563	.739
28	.636				.685			
29	.782				.799			
Physical								
PH1	.924	.918	.753	.618	.854	.897	.783	.611
PH2	.808				.798			

Source: own

Table 5: Model Fit Indices

Indicators	Recommended value	CFA1 (DEA<83)	CFA2 (DEA≥83)
CMIN	/	107.98	105.38
Degrees of Freedom	/	89	112
RMSEA	< .05 or .08	.059	.061
NFI	> .90	.909	.912
CFI	> .90	.997	.998
TLI or NNFI	> .90	.963	.958
PNFI	> .60	.655	.635

Source: own

high-efficient restaurant group (EFA2). Regarding the EFAs, the maximum likelihood method was used to perform the CFAs, as it assumes the multivariate normality of observed variables. The KMO and Bartlett's tests were applied to measure the sampling adequacy (Munro 2005). In the last phase, structural equation modelling (SEM) was used to analyse the simultaneous interactions between the latent and the manifest groups of variables in both restaurant groups.

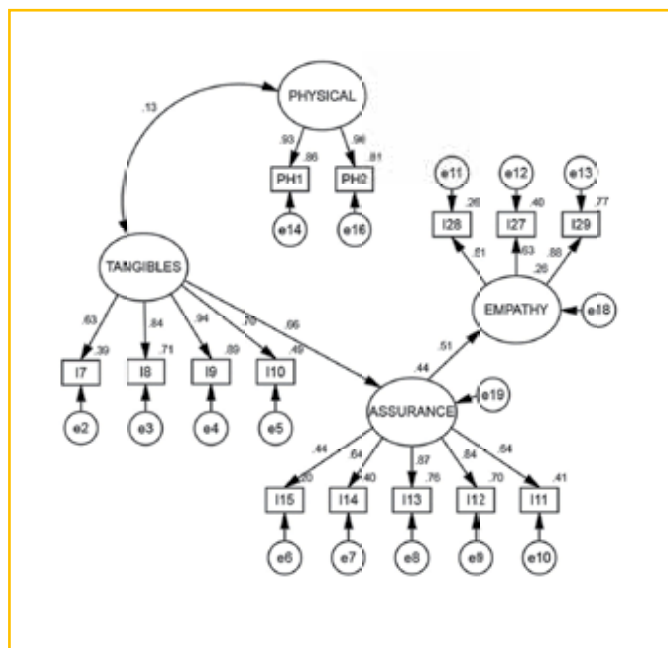
All factor loadings were statistically significant in CFA1 and CFA2, indicating that the latent variables (Tangibles, Assurance, Empathy, and Physical) were significantly represented by 12 quality and two physical indicators. The next phase calculated the measures of convergent validity (AVE) and composite reliability (CR) of the constructs. Internal consistency was

evaluated with Cronbach's α coefficient. Satisfactory measures (λ) were achieved in all cases, indicating that the measurement scales are valid, reliable, and internally consistent. Table 4 presents the indicators of validity, reliability, and internal consistency for both factor groups.

Model fit indices were calculated next. The absolute and incremental indices exceed the recommended values, showing that both models (CFA1 and CFA2) satisfactorily fit the data (see Table 5).

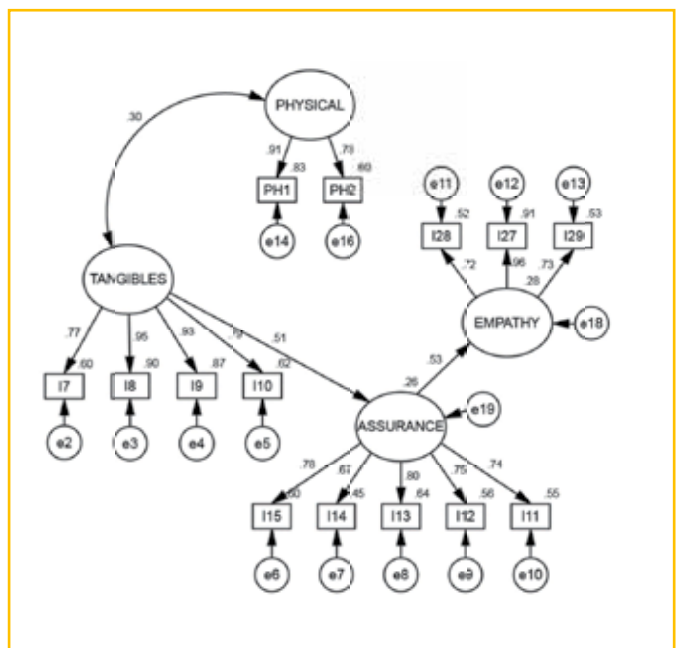
Two structural models (SEM1 = low-efficient restaurants) and (SEM2 = high-efficient restaurants) were created based on CFA1 and CFA2. Table 5 shows that both models comprise four constructs and 14 observed variables. Figures 1 and 2 present the structural models.

Figure 1: SEM 1 – low-efficient restaurants



Source: own

Figure 2: SEM 2 – high-efficient restaurants



Source: own

The standardised regression weights (β) that Figures 1 and 2 present enable the relative comparisons on effect strengths for both models (SEM 1 and SEM 2). Tangibles and Physical are exogenous constructs in SEM 1 and SEM 2.

Figure 1 shows that exogenous constructs are statistically correlated (0.13). Tangibles have a direct impact on Assurance (0.66). Both exogenous constructs explain 44% of Assurance. Assurance's direct impact on Empathy is 0.51. Together, all three constructs (Physical, Tangibles, and Assurance) explain 26% of Empathy. It is apparent from Figure 1's data that restaurant size directly influences guests' quality perception of Tangibles and has an indirect influence on the perception of Assurance and Empathy.

Figure 2's results indicate that the positive statistical correlation between the two exogenous constructs is much stronger (0.30) than in SEM 1. Interestingly, Tangibles' direct effect on Assurance is lower (0.51) than in SEM 1, as is the joint impact of Physical and Tangibles on Assurance (drop to 0.26). Both exogenous constructs explain only 26% of Assurance in SEM 2. Assurance's impact on Empathy is 0.53. SEM 2 shows that the joint impact of all three constructs on Empathy is slightly stronger (0.28) than in SEM 1. SEM 1 is generally more powerful in explaining the relationship among the different constructs than SEM 2. Namely, SEM 1 explains 44% of the variance of the quality dimension Assurance (in SEM 2 only 26%), and the quality dimension Tangibles has a significantly stronger influence on Assurance in SEM 1 (0.66) in comparison to SEM 2 (0.51).

3 DISCUSSION

Restaurant quality is important, as it significantly influences guests' satisfaction (Ryu and Lee 2017), loyalty (Kukanja, Gomezelj Omerzel, and Kodrič 2017), and restaurants' operational profitability (Mun and Jang 2018). Therefore, restaurant managers must focus on how to deliver high-quality services and provide cost-efficient and profitable business operations.

Data Envelopment Analyses (DEA) was performed in the first part of the study to assess restaurants' efficiency performance. Based on their efficiency performance, restaurants were divided into two groups – low-efficient ($DEA < 83$) and high-efficient ($DEA \geq 83$) restaurants. Next, guests' quality perceptions for both restaurant groups were analysed using DINESERV to determine if differences exist between both restaurant groups (RQ1). Interestingly, guests of both restaurant groups assessed restaurant quality as relatively high. The average mean values were 5.65 for low-efficient

restaurants and 5.83 for high-efficient restaurants. Results of exploratory factor analyses (EFA) indicate that guests of both restaurant groups perceive restaurant quality based on the same three DINESERV quality dimensions, respectively: Assurance, Empathy, and Tangibles. Surprisingly, the other two quality dimensions proved not to be statistically significant for delivering high-quality services in any of the sample units (see also Table 3). We can conclude, based on the research results, that despite the level of restaurants' operational efficiency, guests are homogenous in perceiving restaurant service quality. Our findings are consistent with those of Kukanja, Gomezelj Omerzel, and Kodrič (2017), Mosavi and Ghaedi (2012), and Ryu and Lee (2017), who also found that guests' quality perceptions are primarily influenced by the quality of service staff. Tangibles was found to be the third most important quality dimension, which indicates that, apart from the quality of service staff (functional quality), the perceived quality of the Tangible environment (technical quality) also has an important influence on guests' quality perceptions. This finding corroborates Kaminakis et al.'s (2019) idea: they also emphasized the importance of Tangibles for delivering high-quality services in restaurant settings.

With respect to RQ1, it was found that guests perceive restaurant quality higher in more efficient restaurant units. Therefore, we can conclude that guests' quality perceptions vary according to the level of a restaurant's operational efficiency. This result supports the idea of cost-effective service excellence (CESE) for the restaurant industry, as the most efficient restaurants are also, most obviously, the ones offering higher service quality. Interestingly, the identified three-factor groups (Assurance, Empathy, and Tangibles) better explain the perceived service-quality structure in low-efficient restaurants (see Figures 1 and 2). These findings are in line with those indicating the higher explained variance (explanatory power) for low-efficient restaurants (see Table 3). In general, therefore, it seems that guests of less efficient, smaller, and lower-quality restaurants (EFA 1 and SEM 1) perceive restaurant quality more homogenous than guests' of more efficient, bigger, and higher-quality restaurants (EFA 2 and SEM 2).

The survey's next section was concerned with investigating the importance of the restaurant size on guests' overall quality perceptions (RQ2). Results of structural equation modelling (SEM) revealed the complexity of quality measurements in the restaurant industry. Results indicate that size has a statistically significant influence on guests' quality perceptions in both restaurant groups. Restaurant size was found to be an important quality indicator of the Tangibles

Table 6: Regression Weights

DEA < 83					
% variance explained	Unstandardized (B) and Standardized (β) Regression Weights			B	β
44%	ASSURANCE	<	TANGIBLES	0.319	0.665
26%	EMPATHY	<	ASSURANCE	1.158	0.508
				Covariance	Correlation
	PHYSICAL	< >	TANGIBLES	6.093	0.128
DEA ≥ 83					
% variance explained	Unstandardized (B) and Standardized (β) Regression Weights			B	β
26%	ASSURANCE	<	TANGIBLES	0.329	0.512
28%	EMPATHY	<	ASSURANCE	1.053	0.532
				Covariance	Correlation
	PHYSICAL	< >	TANGIBLES	17.898	0.299

Source: own

quality dimension. As such, it has a direct influence on guests' quality perceptions of Tangibles and indirect influence on their quality perceptions of Assurance and Empathy (see also Figures 1 and 2). Interestingly, Tangibles had a significantly stronger impact on overall quality perceptions in low-efficient restaurants (0.66) in comparison to high-efficient restaurants (0.51). A possible explanation for this might be that managers of low-efficient restaurants manage poorly and/or employ unprofessional service staff. This consequently emphasizes the importance of the physical environment; That is, compare the absence of the minimum requirements related to service staff professional competencies to the physical environment, which is subjected to minimum standards and minimum criteria on the national level (e.g., HACCP, restaurants' accessibility and safety layout, etc.). Another interesting finding is the influence of restaurant size on the Tangibles quality dimension. The latter is much higher (0.30) in high-efficient restaurants in comparison to low-efficient restaurants (0.13). The high-efficient restaurants were found to be bigger in size than the low-efficient ones. Therefore, the relationship among size, service quality, and efficiency might also be related to better exploitation of physical resources (e.g., organisation of banquets, weddings, feasts, etc.) and the economies of scale in bigger and more efficient restaurant units.

Table 6 presents the regression weights for both restaurant groups. Predictions in measurement units are possible by using the unstandardized regression weights. In the low-efficient restaurant group, a potential increase of Assurance for 1 point (scale ranging from one to seven) would improve Empathy by 1.158

points. Similarly, an increase of Tangibles by 1 point would improve Assurance by 0.319 points. The same increase of Assurance would improve Empathy by 1.053 in the high-efficient restaurant group, whereas improving Tangibles by 1 point would result in 0.329 higher Assurance.

CONCLUSIONS

This study aimed to investigate if guests' quality perceptions vary according to restaurants' operational efficiency (RQ1) and to determine the relative importance of restaurant size on guests' perceptions of service quality (RQ2).

Restaurant service quality is one of the key areas in restaurant theory and practice (Kaminakis et al. 2019). Service quality significantly influences guests' satisfaction and is an important determinant of restaurants' profitability (Kim, Li, and Brymer 2016). Restaurant managers must have realistic perceptions of guests' quality expectations in order to deliver high-quality services. Previous studies in the field of restaurant management (Kaminakis et al. 2019; Lee and Cheng 2018; Mosavi and Ghaedi 2012) have stressed the importance of different quality dimensions, demonstrating that the importance of DINESERV's quality dimensions cannot be generalised.

This study's results indicate that guests perceive restaurant quality based on three DINESERV quality dimensions – Assurance, Empathy, and Tangibles. Moreover, the research has also shown that guests of the low- and high-efficient restaurants evaluate restaurant quality according to the very same three quality dimensions. One of the most significant findings to

emerge from this study is that guests perceive restaurant quality higher in the more efficient restaurants (RQ1). Our findings confirmed the theoretical assumptions posed at the beginning of the study, suggesting that a correlation exists between guests' quality perceptions and restaurants' operational efficiency; that is, the most efficient restaurants were also the ones which, according to their guests' quality perceptions, delivered higher-quality services. According to our knowledge, the empirical findings of this study are the very first to support the cost-effective service excellence (CESE) idea (Wirtz and Zeithaml 2017) for the restaurant industry, as they clearly indicate that high-quality service can also be achieved through efficient (cost-effective) management of restaurant business operations.

This study's second aim was to investigate the effect of restaurant size on guests' quality perceptions (RQ2). This study's results show that restaurant size has a direct impact on guests' perceptions of Tangibles, which consequently influence their perceptions of Assurance and Empathy. This impact is more powerful in smaller and less-efficient restaurants (see Figure 1), where guests predominantly assess the quality of Assurance (service staff) based on the quality of the physical environment and Tangibles. This study's empirical findings provide a new understanding of the complexity of restaurant quality management. Emphasizing or de-emphasizing one aspect of service quality (e.g., Tangibles) might influence guests' perceptions of other quality dimensions, such as Empathy and Assurance. The relationship between the different quality dimensions is complex. This study makes a major contribution to research on restaurant quality and efficiency management by demonstrating that the key quality dimensions (Assurance, Empathy, and Tangibles) are the same in low- and high-efficient restaurants.

Accordingly, restaurant quality should not be simplified and/or reduced to the importance of just one (the most important) quality dimension (as in our case of Assurance). Restaurant quality management must be in line with restaurant micro, small and medium-sized enterprises' (SMEs') strategic planning (Seo and Sharma 2018), as it also embraces other management functions, such as human resources (HR) management (Durrani and Rajagopal 2016), marketing management (Kukanja, Gomezelj Omerzel, and Kodrič 2017), revenue management (Mun and Jang 2018), image and physical environment (Han and Hyun 2017), and efficiency management.

This study's empirical findings also provide a new understanding of restaurant quality and efficiency management. Based on our knowledge, this is the

first time that restaurants' operational efficiency has been analysed in relation to the DINESERV tool. The evidence from this study suggests that service quality can also be achieved through cost-effective management. The generalisability of these results is subject to certain limitations. Further studies should analyse restaurants' financial success to determine if and how restaurants' operational profit and/or loss influence efficiency and quality performance. A further study could assess the long-term effects of different segments of guests on restaurants' operational efficiency and quality performance. Kuo, Chen, and Cheng (2018) suggested that the evaluation of quality perceptions of first-time buyers and revisiting guests should also be investigated. Large, randomised and controlled trials in different geographical areas and different restaurant facilities could provide more definitive evidence. Future research should also include different qualitative research techniques (e.g., interviews, observations, etc.). We believe that interviews with restaurant managers of low- and high-efficient restaurants would also provide deeper insights into quality and efficiency management practices.

This study's findings have important implications for future practice. This study's results prove that CESE can also be achieved in the restaurant industry. A well-defined (smart) optimization process can lead to higher operational efficiency and higher service quality. Managers should implement a holistic approach to restaurant quality and efficiency management. Different operational performance indicators should be constantly monitored, as they are, most obviously, interrelated for achieving CESE.

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